Knowing My Rights

IT'S MY **LIFE,** MY **RIGHTS**



Who makes the final decision?



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Advocates That Help You

SSA

Providers

Staff

Family

SARTAC

The Arc of Ohio

Project STIR

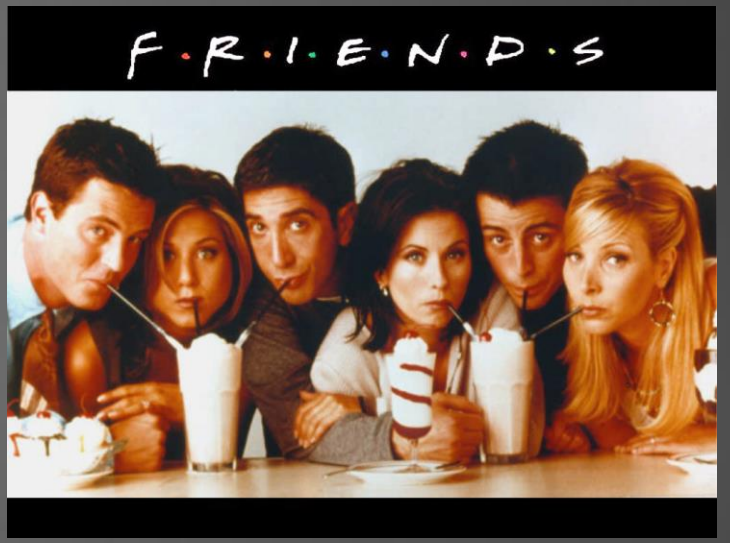
When do YOU make decisions?



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ISP Meeting

Who attends your ISP meeting?

Who do you include in your decision making?

How do you figure out what you want or don't want?

Topics Covered

Vocational Training

Respect and Choices

Medical and Mental Heath Rights

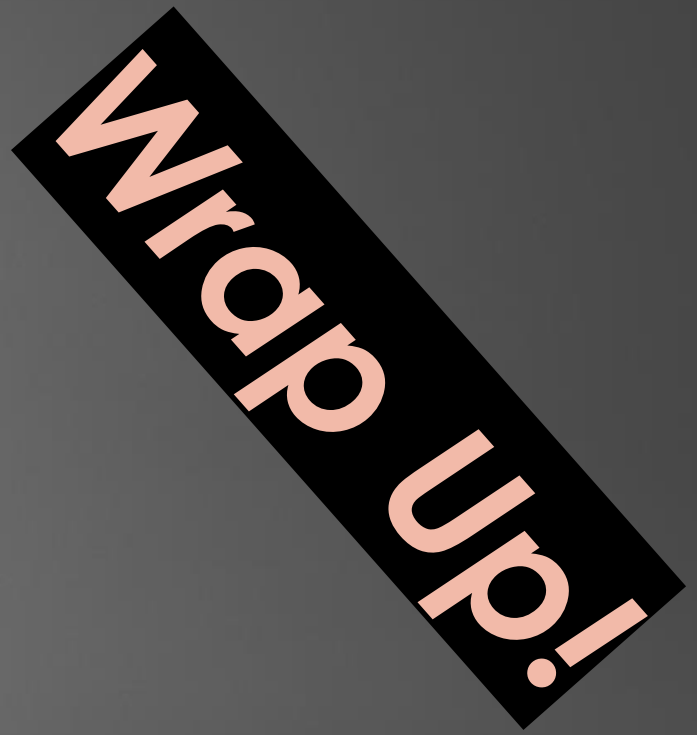
Nutrition and Wellness

Advocating for Yourself

Living Conditions

Sexuality, Bullying, and Change

Decision Making



Thank You For Joining Us!

Other Resources:

SARTAC – Resource for self-advocacy

The Arc of Ohio – Resources for speaking up for new laws

Project STIR – Learn new ways to advocate for yourself and others

Coming Up:

DD Awareness - Self-Advocacy – March 2

Project STIR - Synergy Conference – October 6 - 8

Stay tuned to the Murray Ridge Facebook for more virtual advocacy from other organizations!

April We have a special two-part program planned with the Genesis House! More information to come!!!