Knowing My Rights

IT'S MY **LIFE,** MY **RIGHTS**









MY LIFE, MY RIGHTS

KNOWING MY RIGHTS:

Advocating for Yourself

JANUARY 7, 2021

1-2 PM

Knowing My Rights!

Every topic covered so far is related to one another.

Medical and Mental Health Rights

Nutrition and Wellness Rights

Respect and Choices

Vocational Training and Citizenship

True or False?

Advocating for myself means
I need to tell people what to do.

True or False?

I have a voice and I can use it to advocate for myself and other's.

True or False?

It is not important for you to tell other's your thoughts and feelings.

True or False?

It is easier to stand up for yourself when you know your rights.

What Did You Learn?

Any Feedback?

Thank You For Joining Us!

