

# The Murray Ridge Courier

**March 2016** 

# March is National Developmental Disabilities Awareness Month





HELPING PEOPLE...FOR A LIFETIME

Murray Ridge works with more than 2,000 Lorain County residents. We provide Early Intervention, Murray Ridge School, Service and Support Administration, Adult Opportunity/Vocational Centers, Supported Employment, Special Olympics, Residential Services, and Family Support.

For more information or to schedule a tour of our facilities, contact us at: 440.329.3734 or www.murrayridgecenter.org

# What's Happening at the Opportunity/Vocational Centers?

Lorain OVC has been busy throughout the month!

Right, Barb Delestathis, Christine Garay, and Chelsie Jenkins visited Lake Point Nursing Home where they worked on St. Patrick's Day crafts! Pictured below, Adult Program participants Michael Branch, Brione Monk, Jonah Griffore, Robert McFadden, and Spencer Reynolds at the car show in Cleveland on Wednesday, March 2nd. Right, winners from the Nascar themed party Eric Trigalet (3rd place), James Wilson (1st place), and Robert McFadden (2nd place) showed off their trophies!





On February 12th, the LOVC held a Grammy's festival; each area featured a different music theme! Music was played from that theme as individuals from each area walked down the red carpet. Below left, Amanda Spreng (Area 3) dressed in a Jazz era outfit. Middle, 1950's Poodle Skirts were represented by Brione Monk, Carmen Perez, and Katie Kellogg from Area 1. Area 6 participants dressed in country

syle clothes; Chase Blackham and Robert Baker showed off their guitar









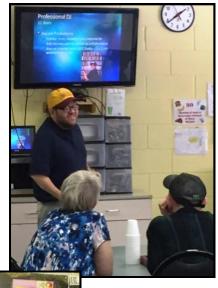


Right, Jeremy Hudgens, a DJ at WOBL and a Mega Championship Wrestling star, visited the **Oberlin OVC** on February 19. Jeremy is a motivational speaker; he gave a presentation to adults that attend the OOVC on overcoming barriers. Carol Anderson and Brian Boyd listened intently to his speech.



To celebrate Valentine's Day, the **Elyria OVC** held a mock wedding (left) for two adult program participants! Love was in the air as Michelle Bednar and Jamarr Williams who are not actually a couple in real life! exchanged their fake vows! EOVC staff served as the bridesmaids and groomsman, and a large celebratory Valentine's Day dance was held to commemorate the happy couple!

In celebration of Black History Month, Elyria OVC staff Glenda Kazmierczak, Deloris Kibble, Jennifer Hakko, Penni Shuster, and Robert DeVenny put together an amazing display of people, places, and events on a wall at the EOVC! Thank you for helping other consumers and staff celebrate Black History Month! Pictured right are Deloris Kibble, Robert DeVenny, and Glenda Kazmierczak.

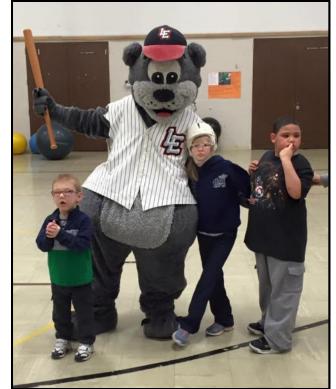




## What's Happening at Murray Ridge School?



Stomper from the Lake Erie Crushers visited MRS on February 4 to introduce its new reading program to the school! Students Owen Richardson, Alexis Throckmorton, and Nathan Reynolds got cozy with Stomper!



# THE MURRAY RIDGE SUPPORT GROUP IS SEEKING NEW MEMBERS!



The Murray Ridge Support Group, a not for profit organization that exists to support the mission of Murray Ridge Center and local residents with developmental disabilities and their families, is seeking new members!

### Some activities of the Murray Ridge Support Group include:

- Provide education and advocacy for people with developmental disabilities and their families
- Conduct fundraisers
- Address special financial needs of consumers
- Sponsor social activities for the benefit of individuals with developmental disabilities and their caregivers





S



For more information on how you can join the Murray Ridge Support Group, please contact Joaquin Page at 440.453.2576.

## **ORDERS DUE BY MARCH 10th!!**

Murray Ridge Support Group Fundraiser

Size 5X



#2	Long Sleeve		
Size S-XL	\$15.00		
Size 2X	\$17.00		
Size 3X	\$18.00		
Size 4X	\$20.00		
Size 5X	\$22.00		

T-Shirt and Long Sleeve tees available in Cherry Red, Daisy Yellow, Irish Green, Royal Blue, Bright Pink, Light Blue, Sport Grey

Crew, Hoodies and Zip Up Hoodies are available in light pink,red, royal blue, sport grey, light blue, irish green, purple, black

#3	Crew
Size S-XL	\$15.00
Size 2X	\$17.00
Size 3X	\$18.00
Size 4X	\$20.00
Size 5X	\$22.00

#4	Hoodie
Size S-XL	\$20.00
Size 2X	\$22.00
Size 3X	\$23.00
Size 4X	\$25.00
Size 5X	\$27.00

\$17.00

#5	Zip-Up
Size S-XL	\$28.00
Size 2X	\$30.00
Size 3X	\$31.00
Size 4X	\$33.00
Size 5X	\$35.00

Please allow up to 3 weeks for delivery

QTY.	Size	Design Number	Color	Price	Total

Name	
Facility	Phone Number

## **Murray Ridge Gives Back**

Murray Ridge program participants give back in MANY ways! This winter, 61 hats in both adult and child sizes, seven scarves, and five blankets that were crocheted by attendees of our Elyria Opportunity and Vocational Center were donated to Ohio Bags of Love for the Project Winter campaign. Ohio Bags of Love recently delivered the hats, scarves, and blankets that EOVC consumers and staff created. These items were donated to patients at the Ronald McDonald House, Cleveland Clinic, University Hospitals Seidman Cancer Center, and at St. John West Shore Hospital, as well as to people at their homes.

This type of "giving back" has become a tradition for those we serve. In the past, adult program participants have donated handmade blankets, hats, and gloves to local homeless shelters; individual adults have made monetary donations to the Lorain County Friendship APL; and two enterprising individuals with developmental disabilities donated hundreds of toys to The Chronicle's Not Forgotten Box during the holiday season.



Staff from Ohio Bags of Love delivered crocheted hats, scarves, and blankets to various hospitals and health canters. Bottom left is a sampling of the items created by EOVC program participants.





## Triumph through the Challenges Fetal Alcohol Spectrum Disorder

#### Who should attend?

This course series is for nurses, social workers, counselors, physicians, educators, parents, and caregivers who work with individuals that may have had prenatal exposure to alcohol/drugs.

#### 2016 Spring Course Series

April 12, 2016: Section 1, 6-9 p.m. April 14, 2016: Section 2, 6-9 p.m. April 19, 2016: Section 3, 6-9 p.m. April 21, 2016: Section 4, 6-9 p.m.

Murray Ridge Center LCBDD Lorain County Board of Developmenta Disabilities Service & Support Administration Bldg. 9740 Murray Ridge Road, Elyria, 44035 Building at the rear of Murray Ridge School "Evening parking available at Murray Ridge SSA lot. Please enter in back door.

#### Register

Contact: Kathy Bevaque, M.Ed., D.S. w/LCBDD e-mail: kbevaque@murrayridgecenter.org

No fee to attend. Space is limited

Bring your own personal refreshments and food

Kathleen Bevaque, M.Ed., D.S. w/LCBDD

#### **Learn** about Fetal Alcohol Spectrum Disorder (FASD) and how to best work with those affected in order to reach his/ her fullest potential

Cather useful tips and local

Discover ways to succeed!

#### Series Details

- · Section 1: FASD Basic Facts: Characteristics; Chronological vs. Developmental Age
- Section 2: Neurological Issues & Behaviors of FASD: Coping Skills
- Section 3: Developing Effective Strategies for FASD: Advocacy & Finding Resources
- Section 4: Advocacy in Schools; Disci-pline; Daily Living & Future Planning for Indi-viduals with FASD

#### Contact Hours Available

- · Social workers, counselors, and chemical dependency RCH: provided by the ADAS Board of Lorain County • Developmental Disability hours provided by
- Lorain County Board of Developmental
- Certificate of Attendance for contact hours Ohio Approved Specialized Training for Early Childhood SUTQ, ODE, ODH







# March~2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 <b>(§</b>	24	25	26
27	28	29	30	31		
	Murray	Ridge Sch	ool Spring Bro	eak 3/28 - 4	/1	

# Activities & Events

- 3/3-3/6 Special Olympic Ohio North Section Basketball Tournament, Lorain County Community College
- 3/8 Murray Ridge Support Group meeting, 4:15 p.m., Elyria Opportunity/Vocational Center, 1095 Infirmary Road in Elyria
- 3/16 Family Support Parent Committee meeting , 6:30 p.m.,
  Adminstration Bldg.,
  1091 Infirmary Road in Elyria
- 3/18 Murray Ridge Support Group Dance, 7:00 p.m., Murray Ridge School, 9750 Murray Ridge Road in Elyria
- 3/18-3/19 Special Olympics Ohio State Basketball and Skill Tournament, Hilliard, OH; contact John Syrowski for details, 284-2720
- 3/23 LCBDD Finance Committee meeting, 12:00 p.m., Administration Bldg., 1091 Infirmary Road, Elyria
- 3/25 Agency closed for Good Friday holiday
- 3/28-4/1 Murray Ridge Preschool and School Closed for Spring Break
- \* The March Board Meeting will be held on April 1, 2016.\*



#### **BOARD ROOM BRIEFING**

## The Lorain County Board of DD convened at 12:30 p.m. on February 26, 2016:

The Board approved for public review the current draft of the Strategic Plan Progress Report/Annual Action Plan: Programs & Expenditures - 2016; the Board will hold a Public Forum to gather public comment on the Strategic Plan Progress Report/Annual Action Plan: Programs & Expenditures - 2016 on March 16, 2016, beginning at 10:00 a.m., at the Administration Building, 1091 Infirmary Road in Elyria. In other news, Superintendent Fisher updated the Board on the Agency's Residential Program transition. The Murray Ridge Support Group announced that its next meeting will be March 8, and its next dance will be March 18.

Lorain County Board of Developmental Disabilities

Murray Ridge Center 1091 Infirmary Road Elyria, OH 44035



Standard Presort U.S. Postage **PAID** Permit No. 146 Elyria, OH 44035

# **Travelling Art Show Moves to Elyria West Branch**

Check out the Travelling Art Show in March! Consumer artwork is on exhibit at the Elyria West Branch of the Lorain County Public Libraries. In April, the exhibit will move to Avon Lake Public Library.

Please stop by and see the amazing works of art created by consumers from our Adult Services Program and students from Murray Ridge School.

If you are interested in submitting art work for future displays, please contact Jenn Judkins at 329-3734 or jjudkins@murrayridgecenter.org.