

The Murray Ridge Courier

March 2015

March is National Developmental Disabilities Awareness Month











HELPING PEOPLE...FOR A LIFETIME

Murray Ridge works with more than 2,000 Lorain County residents. We provide Early Intervention, Murray Ridge School, Service and Support Administration, Adult Opportunity/Vocational Centers, Supported Employment, Special Olympics, Residential Services, and Family Support.

For more information or to schedule a tour of our facilities, contact us at: 440.329.3734 or www.murrayridgecenter.org

Lorain County Commissioners Proclaim March as "DD Awareness Month"

The Lorain County Commissioners adopted a resolution on March 4, 2015, declaring the month of March as "Developmental Disabilities Awareness Month" in Lorain County.

Four program participants accompanied Superintendent Amber Fisher to share their stories and to thank the Commissioners for their support of the Lorain County Board of Developmental Disabilities (LCBDD), more commonly known as Murray Ridge Center.



Commissioner Ted Kalo, Murray Ridge Center Board President Michelle Hunt, Kendric Warner, Makenzie Dvorscak, Superintendent Amber Fisher, Carol Anderson, Torie Ambers, Commissioner Lori Kokoski, and Commissioner Matt Lundy.

Makenzie Dvorscak and

Kendric Warner represented Murray Ridge School at the meeting. Makenzie is seven years old and in the primary wing of the School. Kendric is 13 years old and began attending Murray Ridge School in the fall. Torie Ambers has been with Murray Ridge Center since 1994 when she started in our Early Intervention Program. Carol Anderson has been with Murray Ridge for more than 40 years and lives in our East College Group Home in Oberlin. Both Torie and Carol attend our Opportunity/Vocational Centers.

During the meeting, Dr. Fisher also highlighted the services that more than 2,000 Lorain county citizens with developmental disabilities receive from Murray Ridge Center.

For example, the Early Intervention program served 733 children from birth to three years of age in 2014, and Murray Ridge School educated 171 students. Nearly 1,000 adults received services in one of the three Murray Ridge Opportunity/Vocational Centers, several community employment enclaves operated by the Murray Ridge Production Center, or in other locations throughout the community. Murray Ridge administered and provided funding for residential or in-home supports for 567 individuals, many of whom require this care due to deceased parents and/or elderly family caregivers. Also in 2014, the Family Support program assisted 680 Lorain

County families with the care of a relative with developmental disabilities.

Throughout March, Murray Ridge Center will continue to raise awareness about the gifts and abilities of people with developmental disabilities. Throughout the state, there is a focus on increasing community-based employment and volunteer opportunities for people with developmental disabilities, and on the expansion of living arrangements that more fully integrate people with developmental disabilities into their neighborhoods and communities. The 2015 theme for DD Awareness Month — "Can Do, Like You!" — reflects this spirit.

Posters announcing DD Awareness Month will be displayed in libraries, community buildings, and places of worship across Lorain County throughout the month of March.

This March, take a moment to consider how you can make our community – and the world – a better place through understanding and acceptance of all individuals, particularly those living and working with a disability.



Spaghetti Dinner Fundraiser

Saturday, March 14, 2015
3 p.m. – 6:30 p.m.

AMVETS Post 55 – 530 Abbe Rd.

Sheffield Lake, Ohio



Meatballs, Sausage, Pasta, Roll, Beverage & Dessert

Tickets - \$8 (kids 5 and under eat free)

Tickets available at the door or <u>prepay</u> by calling <u>440-329-3734</u>

Take outs are also available.

Tickets can be purchased at the door or in advance from George Gedid at EOVC, Judy Hartung at OOVC, Cindy White at LOVC, Andrea Elek at the Admin. Bldg., Dann Swift at Murray Ridge School, and Jeff Neal at the SSA Building.

Proceeds to benefit the developmentally disabled residents of Lorain County served by

The Murray Ridge Center.



Reinforcement

For parents and/or caregivers with children and adults on the autism spectrum or with another developmental disability coupled with behavioral issues.

When: Tuesday, March 24th

5:30 – 7:00 p.m.

Where: Murray Ridge Service & Support

Administrative Offices 9740 Murray Ridge Road

Elyria, Ohio

Why: This session will work with

caregivers and providers to develop their understanding of reinforcement as it relates to individuals with disabilities, and will help them to develop an understanding of how to effectively implement this strategy within the individual's

settings.

Who: Sherry Lacko , SSA/Behavior

Analyst; Theresa Wolf, SSA/ Assistant Behavior Analyst

home, community, and work

RSVP: Sherry Lacko

slacko@murrayridgecenter.org

440-324-2366





*Please note: this session is for adults only, no child care will be available.

Save the Date! Look for more information regarding these upcoming sessions:

May 19th- Response Interruption/Redirection

July 21st- Naturalistic Intervention

September 8th- Visual Supports

November 3rd- Time Delay

Exceptional Service at Murray Ridge Center

Stephanie Bondra, Early Intervention Specialist at Murray Ridge Center, was honored with the Exceptional Service Award at the Regular Meeting of the Board and Ethics Council on February 27.

In the nomination letter submitted by Maureen and Chris Box, parents of Chase Elkins who receives services from Murray Ridge Center's Early Intervention Department, they stated, "She is the perfect mix of kindness, persistence, and intelligence. She believes in what she does. She has stuck by us through our hard times and, if we had met her through a different avenue, she is certainly someone we would want to call a friend. She is truly deserving of such an award."



Chase's parents Chris and Maureen Box, Board President Michelle Hunt, award recipient Stephanie Bondra, and Board Member Dan White pose after the ceremony.

Congratulations to Stephanie Bondra on her Exceptional Service Award!

Lorain High School Titans Visit Murray Ridge School

On March 2, athletes from the Lorain High School Titans varsity basketball team visited Murray Ridge School. The team shot hoops, showed off its amazing basketball skills, and engaged in small pickup games with students. Thank you to all the athletes from Lorain High School for making this a very special day for our MRS students!









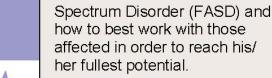
The Lorain High Titans were a big hit at the school; students and staff alike had a great time testing out their basketball skills. Above, left: Kenny Kingsley gets a boost from members of the Titans basketball team to make his first dunk of the day! Top, right: Diane Davis and Jacob Gladding with some of the Titans. Bottom, right: Logan Terrill gets a high five from his personal aide after making a basket.

Triumph through the Challenges Fetal Alcohol Spectrum Disorder



Who should attend?

This course series is for nurses, social workers, counselors, physicians, educators, parents and caregivers who work with individuals that may have had prenatal exposure to alcohol/drugs.



Gather useful tips and local resources!

Discover ways to succeed!

Learn about Fetal Alcohol

2015 Spring Course Series

Evening Sessions:

April 14, 2015: Section 1, 6-9 p.m. April 16, 2015: Section 2, 6-9 p.m. April 21, 2015: Section 3, 6-9 p.m. April 23, 2015: Section 4, 6-9 p.m.



Lorain County Board of Developmental Disabilities Service & Support Administration Bldg. 9740 Murray Ridge Road, Elyria, 44035

*Evening parking available at Murray Ridge SSA lot. Please enter in back door.



Register

www.loraincountyhealth.com/fasdcourse Contact: Natalie Karn, R.N., M.S.N. 440.284.3272, nkarn@loraincountyhealth.com

No fee to attend. Space is limited.

Bring your own personal refreshments and food.



Facilitators:

Natalie Karn R.N, M.S.N. Lorain County General Heath District Public Health Nurse

Kathleen Bevaque, M.Ed. Lorain County Board of Developmental Disabilities

Sponsor:

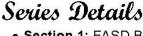




@LorainCoHealth



Lorain County General Health District



- Section 1: FASD Basic Facts; Characteristics; Chronological vs. Developmental Age
- Section 2: Neurological Issues & Behaviors of FASD; Coping Skills
- Section 3: Developing Effective Strategies for FASD; Advocacy & Finding Resources
- Section 4: Advocacy in Schools; Discipline; Daily Living & Future Planning for Individuals with FASD



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Contact Hours Available

- Nurses; provided by Lorain County Community College Department of Allied Health and Nursing
- Social workers, counselors, and chemical dependency RCH; provided by the ADAS Board of Lorain County
- Developmental Disability hours provided by Lorain County Board of Developmental Disabilities.
- Certificate of Attendance for contact hours given.









March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Activities & Events

- 3/5 3/8 Special Olympic Ohio North Section Basketball Tournament, Lorain County Community College
- 3/11 Murray Ridge Support Group meeting, 4:15 p.m., Elyria Opportunity/Vocational Center, 1095 Infirmary Road in Elyria
- 3/14 Murray Ridge Support Group Spaghetti Dinner, 3:00-6:30 p.m., AmVets Post 55, 530 Abbe Road in Sheffield Lake
- 3/18 Family Support Parent Committee meeting , 6:30 p.m., Administration Bldg., 1091 Infirmary Road in Elyria
- 3/19 LCBDD Finance Committee meeting, 12:00 p.m., Administration Bldg., 1091 Infirmary Road, Elyria
- 3/27 Regular Meeting of the Board and Ethics Council, 12:30 p.m., Administration Bldg., 1091 Infirmary Road in Elyria
- **TBD -** Special Olympics Ohio State Basketball and Skill Tournament, Bowling Green State University; contact John Syrowski for details, 284-2720

BOARD ROOM BRIEFING

The Lorain County Board of DD convened at 12:30 p.m. on February 27, 2015:

An Exceptional Service Award was presented by Board Member Dan White to Murray Ridge Early Intervention Specialist Stephanie Bondra. Superintendent Amber Fisher discussed proposed addendums to the 2011-2015 Strategic Plan on 1) Promoting self-advocacy by individuals served by the Lorain County Board of Developmental Disabilities; 2) Developing capacity and taking action to ensure that eligible individuals receive services in the most integrated settings appropriate to their needs; and 3) Recruiting sufficient providers of services to meet the needs of eligible individuals receiving services in Lorain County. Additionally, the Board approved for public review the current draft of the Strategic Plan Progress Report/Annual Action Plan: Programs & Expenditures - 2015 and the proposed Strategic Plan addendums; the Board will hold a Public Forum to gather public comment on the proposed Addendums to the 2011 - 2015 Strategic Plan and the Strategic Plan Progress Report/Annual Action Plan: Programs & Expenditures - 2015 on March 11, 2015, beginning at 1:30 p.m., at the Administration Building, 1091 Infirmary Road in Elyria. The Board unanimously approved revisions to the Management/Confidential Policy on *Vacation Leave*. In other news, Superintendent Fisher updated the Board on the biennium budget, the proposed phase out of independent providers, and developments related to the Conflict Free Case Management provision of the recent CMS rule.

Lorain County Board of Developmental Disabilities

Murray Ridge Center 1091 Infirmary Road Elyria, OH 44035



Standard Presort U.S. Postage PAID Permit No. 146 Elyria, OH 44035

Travelling Art Show Moves to North Ridgeville

Check out the Travelling Art Show in March! Consumer artwork is on exhibit at the North Ridgeville Branch of the Lorain County Public Libraries. In April, the exhibit will move to Avon Lake Public Library.

Please stop by and see the amazing works of art created by consumers from our Adult Services Program and students from Murray Ridge School.

If you are interested in submitting art work for future displays, please contact Jenn Judkins at 329-3734 or jjudkins@murrayridgecenter.org.