

Knowing My Rights

IT'S MY LIFE, MY RIGHTS



MY LIFE, MY RIGHTS

KNOWING MY RIGHTS:

Sexuality, Bullying, and Change

FEBRUARY 4, 2021

1-2 PM



Relationships

- Healthy Relationships

- Unhealthy Relationships

Signs of Healthy Relationships

Pillars of Good Relationships:

Moments of Vulnerability

Consistent Interactions

Positive Interactions

Signs of Healthy Relationships

Shout out a response!

Signs of Unhealthy Relationships

Manipulating

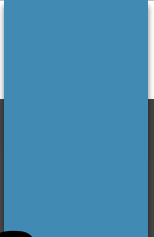
Isolations from other people

Jealously/Distrusting

Intense Interactions

Disrespectful

Violence



How do these differ between friendships and boyfriend or girlfriends?

Shout out a response!



Sources of Help

Educational Tools:

Phsync2Go – YouTube

Genesis House

Immediate Resources:

Trusted person in your life

Guardian

Service and Support Administrator (SSA)

Thank You For Joining Us!

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THURSDAY, FEBRUARY 4, 2021

