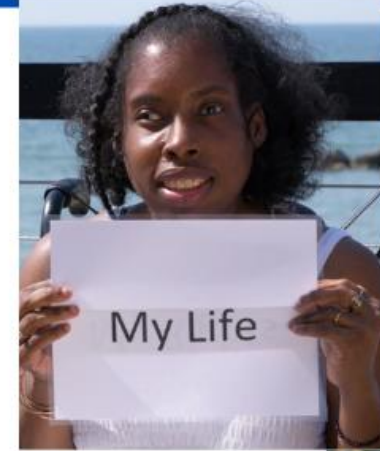


Knowing My Rights

IT'S MY LIFE, MY RIGHTS



MY LIFE, MY RIGHTS

KNOWING MY RIGHTS:

Advocating for Yourself

JANUARY 7, 2021

1-2 PM



Knowing My Rights!

**Every topic covered so far is
related to one another.**

Medical and Mental Health Rights

Nutrition and Wellness Rights

Respect and Choices

Vocational Training and Citizenship



True or False?

**Advocating for myself means
I need to tell people what to do.**



True or False?

I have a voice and I can use it to advocate for myself and other's.



True or False?

It is not important for you to tell
other's your thoughts and feelings.



True or False?

**It is easier to stand up for yourself
when you know your rights.**



What Did You Learn?

Any Feedback?

Thank You For Joining Us!

MY LIFE, MY RIGHTS **KNOWING MY RIGHTS**

Advocating For Yourself

THURSDAY, JANUARY 7, 2021

