

# Knowing My Rights

IT'S MY LIFE, MY RIGHTS



MY LIFE, MY RIGHTS

**KNOWING MY RIGHTS:**

Decision Making

FEBRUARY 18, 2021

1-2 PM

# Who makes the final decision?



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# ***Advocates That Help You***

**SSA**

**SARTAC**

**Providers**

**The Arc of Ohio**

**Staff**

**Project STIR**

**Family**

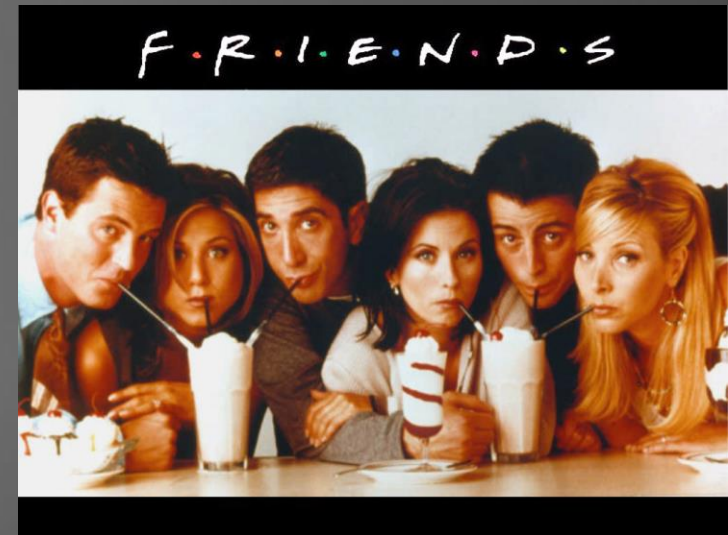
# When do **YOU** make decisions?



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# ***ISP Meeting***

**Who attends your ISP meeting?**

**Who do you include in your decision making?**

**How do you figure out what you want or don't want?**

# Topics Covered

Vocational Training

Respect and Choices

Medical and Mental Health Rights

Nutrition and Wellness

Advocating for Yourself

Living Conditions

Sexuality, Bullying, and Change

Decision Making

Wrap Up!

# Thank You For Joining Us!

## Other Resources:

[SARTAC](#) – Resource for self-advocacy

[The Arc of Ohio](#) – Resources for speaking up for new laws

[Project STIR](#) – Learn new ways to advocate for yourself and others

## Coming Up:

[DD Awareness - Self-Advocacy](#) – March 2

[Project STIR - Synergy Conference](#) – October 6 - 8

Stay tuned to the Murray Ridge Facebook for more virtual advocacy from other organizations!

**April** We have a special two-part program planned with the Genesis House! More information to come!!!