

Purpose: This policy is intended to address the requirement that all local school agencies that participate in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) meet expanded local school wellness policy requirements consistent with the requirements set forth in section 204 of the Healthy, Hunger-Free Kids Act (HHFKA) of 2010.

1. Local School Wellness Policy Leadership

- The Director of Educational Services (DES) is responsible for the oversight of the Local School Wellness Policy (LSWP). The DES may be contacted by calling Murray Ridge School at 440-329-3760.

2. Public Involvement in LSWP

- Murray Ridge School allows any of the following individuals to participate in the development, implementation and periodic review and update of the LSWP: parents, students, teachers of physical education, school food service personnel, school health professionals, governing Board, school administrators, and the general public.
- In accordance with the LSWP guidelines, Murray Ridge School will seek representation on the Wellness Committee (WC) from the above groups by publishing information about becoming a member of the committee on the Murray Ridge Center website (murrayridgecenter.org), in the Parent Handbook, and in the monthly agency newsletter.
- The DES will determine the make-up of the WC based on individuals interested in serving on the committee.
- The WC will meet at least once per year and more frequently if needed as determined by the DES. Annually, the WC will report on the progress toward the goals set forth by the committee.

3. Nutrition Promotion and Education, Physical Activity and Other School Based Activities

- The WC will determine measurable goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness.
- The current WC goals will be published for public review along with this policy on the Murray Ridge Center website under the "Services for Children" tab .

4. Nutritional Guidelines for All Foods

- Murray Ridge School will ensure that all breakfast and lunch menu items fully comply with NSLP and SPB requirements.
- Individual nutritional content of breakfast/lunch menu items served, NSLP guidelines and SBP guidelines will be available for review upon request.
- Murray Ridge School will not have vending machines.
- For foods and beverages not sold, Murray Ridge Center will ensure the following:
 - Celebrations and parties: MRS will provide a list of healthy suggestions including non-food options to family members and staff at least annually. All items served will be done so at the discretion of the classroom teacher.

- Classroom snacks sent by parents: MRS will provide a list of foods and beverages that meet Smart Snack standards at least annually.
- Reward and incentives: Food and beverages will not be withheld as punishment for any reason. Food and beverages used as a reward or incentive will be at the discretion of the classroom teacher in accordance with the unique needs of the individual student.

5. Food and Beverage Marketing

- MRS does not allow the commercial marketing of any food or beverages of any type.

6. Public Notification

- This policy will be maintained on the Murray Ridge Center website under the "Services for Children" tab. Additionally, a copy of this policy will be included with the Murray Ridge School Parent's Handbook and available upon request
- Any updates or changes to this policy will be made by the Board and will be communicated to the public through Board notice.
- At least once every three years, compliance with this wellness policy will be evaluated by the WC. The results of this assessment will be reported to the Board during a regularly-scheduled public Board meeting.

7. Recordkeeping Requirement

- Murray Ridge School will maintain records to document compliance with this policy's requirements. These records include, but are not limited to:
 - The written local school wellness policy.
 - Documentation demonstrating compliance with community involvement requirements, including requirements to make the local school wellness policy, annual progress reports, and triennial assessments available to the public.
 - Documentation of the triennial assessment of the local school wellness policy.
 - Documentation of annual local school wellness progress reports.

Original Adoption Date	Current Revision Date
5/22/17	